



Senior Loneliness Line

We're here to

**LISTEN &
connect**

**Connecting with people
can keep you healthy.**

1 in 3 older adults experience loneliness. Any aging adult who is experiencing loneliness, isolation, depression or anxiety can benefit from a confidential phone call with our Senior Loneliness specialists. Sometimes knowing there is someone who cares and wants to listen can be of great help.



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800-282-7035 | SeniorLonelinessLine.org

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